



ROLE DESCRIPTION

Role:	Young People's Volunteer Mentor
Hours:	2-3 hours a week
Responsible to:	Young People's Service Manager
Primary Base:	Doncaster Mind, Exchange Building, Second Floor, 35 Market Place, Doncaster DN1 1NE
Aim of the role:	To provide mentor support to young people aged 16 to 25.

Main Duties

- To support a case list of 1 – 2 young people, offering each client once weekly 1:1 mentor session for up to a maximum of 6 months. This requires an ability to dedicate 1 - 2 hours a week to client work and 1 hour a week admin.
- To support young people aged 16 - 25 to explore different tools and life skills to help them to maintain good mental health and discuss issues that are particularly important to them.
- Manage the scheduling of appointments, encouraging and monitoring the young person's attendance, keeping the Service Manager informed of any changes in session day/time or with the YP circumstances
- Maintain confidential session records, written as per training and in a timely manner.
- Engagement with required training provided which will be a mixture of in person (face to face) and online.
- To work within and uphold the policies and procedures of Doncaster Mind.

Person Specification

	Essential	Desirable
Experience		Recent experience of working with young people experiencing difficulties with their mental health.

Knowledge and Understanding	Knowledge of the needs of young people experiencing difficulties with their mental health. This may be through lived experience, volunteering or personal circumstances i.e. supporting friends or family members.	Knowledge of safeguarding children and young people.
	Some knowledge and understanding of mental ill-health and recovery.	
	Strong interpersonal and communication skills.	
	Ability to relate and empathise with Young People and maintain a non-judgemental and supportive relationship.	
	Ability to maintain clear boundaries with users of the service.	
	Understanding of confidentiality.	
	Good level of IT competence.	
Personal Attributes	Non-judgemental approach to people.	
	Sensitivity to and genuine understanding of issues face by young people who are vulnerable and in mental distress.	
	Clear commitment to the values of both Doncaster Mind and the voluntary sector.	