



Doncaster

Approved
Provider
Standard



Volunteer Role Description

Role Title: Volunteer Befriender

Role Purpose

To become part of a successful team of volunteers who befriend individuals who are experiencing mental health problems – in the hope of:

- Creating a valued relationship
- Helping to improve self-confidence
- Reduce social isolation by supporting people to access activities

Accountable to: The Befriending Scheme Co-ordinator

Main Tasks:

- To meet with a person at an agreed place
- To make a regular, agreed commitment to the Scheme—this usually involves a minimum of two hours per week
- To agree with the client a range of beneficial activities to reduce social isolation.
- To work with the Befriending Scheme Co-ordinator to ensure that the best and most suitable service is being offered to individuals.
- To adhere to Doncaster Mind policies and procedures.

We are looking for volunteers who:

- Are friendly and caring
- Are honest and trustworthy
- Are sympathetic
- Have good listening skills
- Have a clear time commitment

What we offer:

- Induction training
- On-going training
- Support and Supervision
- Travel and other out of pocket expenses, in line with the Policy on Expenses

Further information

This role would suit people who have an understanding or experience of mental health problems – although this is not essential as training is provided.

Befriending is a very individual thing and specific needs of individuals will be discussed with each volunteer.

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